

TNAAU - Cheatham County

Christmas Clash - Beginners

Boys/Girls K-8 Folkstyle Tournament – Beginners (2 years or less experience)

Sunday, December 13, 2026

Cheatham County Central High School

1 Cub Circle , Ashland City, TN 37156

Tournament to benefit Cheatham County Central Wrestling and Cheatham County Wrestling Club

Maximum of 125 wrestlers

Weigh ins: Sunday, 12/13 Noon – 1pm (at Cheatham County Central High School) using the Madison System – wrestlers will be placed in brackets based on their weight at weigh-ins. Weight cutting is strongly discouraged.

-Grades K-2 (Boys & Girls): 40, 45, 50, 55, 60, 72, 80, 95, Hwt

-Grades 3-5 (Boys & Girls): 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 110, 125, 140, 160, Hwt

-Boys Middle School (6-8): 72, 82, 90, 98, 106, 114, 122, 130, 138, 148, 158, 175, 190, HWT

-Girls Middle School (6-8): **60**, 70, 80, 90, 105, 120, 140, 160, Hwt

Wrestling Begins at 1:30pm – finish

Tournament Format: Format will be 4-person round robin. There will be multiple brackets as needed for each weight class. Will try to separate MS Girls into separate division than boys.

We will follow all rules and regulations set by TNAAU.

-All matches will be 3 Minute Matches (1-1-1)

-Brackets will be a 4-person round robin

-15-minute rest time between matches.

- Wrestlers are only allowed in one bracket

-Tournament director reserves the right to change/combine weight classes and divisions to maximize the opportunities for the wrestlers.

ALL WRESTLERS REQUIRED TO WEAR HEADGEAR

Singlets or Compression shirt and athletic shorts (no pockets)

Entry Fee: Cost: \$20 plus a current AAU membership card is required.
Limited to the first 125 wrestlers, registration on www.trackwrestling.com , search “Cheatham County Christmas Clash”. Register Early!!!!

Admission: Adults-\$10.00 and children-\$5.00

Coaches Entry: Current AAU membership card is required to be on the floor coaching an athlete.
1 coach per 5 wrestlers. Extra coaches’ bands are available for \$10.00 per band. NO EXCEPTIONS!

Only Coaches with bands will be permitted on the wrestling area.

The Amateur Athletic Union of the U. S., Inc sanctions this event.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins.

Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.

Tournament Director:

Wayne Camper – sirbubbabass@yahoo.com