

DECEMBER 19th, 2026 LAFAYETTE HIGH SCHOOL WILDWOOD, MISSOURI

Team Registration Link: [Bonhomme Duals Team Registration Link](#)

SATURDAY, DECEMBER 19th, 2026 @ LAFAYETTE HIGH SCHOOL (3 DIVISIONS)

All team fees average to about \$30-35 per wrestler, with the intent of getting 5 matches in all divisions

DIVISION	START TIME	APPROX END TIME	TEAM COST	# OF TEAMS	# OF DUALS
4th Grade & Below Restriction: *No returning USA state placers*	9 AM	1 PM	\$400	4-8	3-5
Elementary Division - 6th Grade & Below	1 PM	6 PM	\$500	4-8	3-5
Middle School Division - 8th Grade & Below	1 PM	6 PM	\$500	4-8	3-5

WEIGH INS: FRIDAY DECEMBER 18th from 6-7 PM @ Lafayette High School Wrestling Room

SATURDAY DECEMBER 19th 10-11AM @ Lafayette High School Wrestling Room

- Decimals will be ignored (so 70.9 counts for 70, but 71.0 will not!)
- We will have 2 certified scales and either can be used for weigh-ins..
- Wrestlers can weigh-in individually but must provide their team name and weight class.
- Exact weights will be marked down on the officials weigh in sheet.

OUR FOCUS FOR THIS DUAL TOURNAMENT IS TO CREATE AN AVENUE FOR EVERY CLUB TO BE ABLE TO PROVIDE THEIR WRESTLERS WITH A DUAL TEAM FORMAT TOURNAMENT.

COACHES/TABLE WORKERS:

- Each Team will be given 4 wrist bands for free entries for coaches & Table Workers. Each team must provide a table worker for each dual meet over the course of the tournament.

SPECTATORS:

- \$5 dollar CASH ONLY Admission Charge - 6 & Under Free

WEIGHT CLASSES: (WRESTLERS MAY COMPETE IN MORE THAN ONE DIVISION)

- 4th Grade & Under: 45, 50, 53, 57, 60, 64, 68, 72, 76, 82, 92, HWT (115 Max)
- 6th Grade & Under: 50, 54, 58, 62, 66, 70, 74, 78, 82, 86, 92, 100, 115, HWT (140 Max)
- 8th Grade & Under: 80, 85, 90, 95, 100, 105, 110, 115, 120, 130, 140, 150, 165, HWT (205 Max)

***All divisions: wrestlers may only bump up and compete in the next higher weight class*.**

TEAM PAYMENTS: Please make payment via [VENMO](#) to [@Bonhomme-Badgers](#) or make checks payable to "BONHOMME WRESTLING" and send to: Kevin Frankenberger at 1532 LaDina Pl, Ellisville, MO 63011.

TEAM COMPOSITION: The expectation is that rosters are filled with experienced club wrestlers when possible. Adding non-club wrestlers is acceptable for spots that cannot be filled from within the club. (STACKING AN ALL STAR TEAM IS NOT WHAT WE ARE WANTING...BUT YOU CAN ADD KIDS FROM OUTSIDE YOUR CLUB IF NEEDED TO FILL ROSTERS.....PLEASE CONTACT ME IF YOU HAVE QUESTIONS..)

ENTRY DEADLINE:

- All team leaders must have contacted Kevin Frankenberger (314-517-0907) and submitted a \$250 deposit or full payment by NOVEMBER 24th
- A google sheet will be shared to coaches to fill in rosters, please fill them in ASAP and we will work to make sure that we can get all teams filled for the tournament.
 - That roster can change and be modified up through the close of weigh-ins on Saturday.

SCORING:

- NFHS Team competition scoring rules will apply
- HS overtime (1-30-30-UTB 30) for all matches
- 4th Grade & Under Division: **1-1-1 Minute Periods** for matches
- Elementary 6th Grade & Under Division: **1-1-1 Minute Periods** for matches
- Middle School Division: **1 ½ -1-1 Minute Periods** for matches

AWARDS: T-shirts Awarded to the Top 2 Team in each Division.

- Team Awards Criteria (In Order)
 - Overall Record of duals against opposing 3 teams in the gold/silver brackets
 - Most Overall Team Points Scored by team in those 3 duals
 - Least Overall Team Points Scored against by teams in those 3 duals

FORMAT:

- **Schedule:** (will share the week of the duals when ready)
- **All Divisions:** Minimum of 3 match guarantee with the plan to have enough teams in all divisions where each team gets 5 duals in the tournament.
 - All Matches for the 4th Grade and Under Division will be wrestled on half of 42x42 Resilite Mats
 - All Matches for the Elementary and Middle School Division will be wrestled on full High school mats.
 - We will CAP each division at 8 teams
 - *You will not wrestle the SAME TEAM more than once regardless of the number or teams.*
 - We will split duals to an open mat to keep things moving
 - Be ready to wrestle if other duals finish before your duals

We will split duals to 2 mats when applicable to keep things moving

BONHOMME WINTER DUALS TEAMS

4TH GRADE & UNDER DUALS

Bonhomme Gold

Bonhomme Blue

TBD - Will Update next year

ELEMENTARY DUALS - 6TH GRADE & UNDER

Bonhomme Gold

Bonhomme Blue

Francis Howell

Columbia

TBD - Will Update next year

MIDDLE SCHOOL DUALS - 8TH GRADE & UNDER

Bonhomme Gold

Bonhomme Blue

Francis Howell

Columbia

TBD - Will Update next year

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**J. Matt Kennington, LUTCF
(636) 537-3355**



WILDHORSE DENTAL

Thank you to every Coach, Wrestler, and Parent who took the time to make the 2026 Bonhomme Duals a success. Seeing all of these wrestlers together in one place and watching the relationships

***that are built between so many wrestlers, coaches, families and referees makes all the efforts worth it. Years from now, the memories and relationships are what they will all remember.
Have a Happy Holiday break and best of luck the rest of this season!!***

***Sincerely,
The Bonhomme Wrestling Team!***