



NGWL AAU Wrestling Tournament

Bruin Bash

Beginner Tournament

Dates: 1/25/2026



Address: 1651 Tunnel Hill Varnell Road, Tunnel Hill, GA. 30755

Event Schedule is as follows: - All times are: Eastern Standard Times.

Weigh-ins: All wrestlers must show AAU card at weigh in time. 11:00 AM

WEIGH INS - from 11-11:30 AM for first session and 2-2:30 PM for second session

First Session: (EX: 6U, 10U and 14U: 12:00 pm Coaches Scratch meeting Wrestle at 11:45 am)

Second Session: (EX: 8U and 12U: 3:00 pm Coaches Scratch meeting Wrestle at 2:45 pm)

***Weigh-ins will be done in singlet with a one-pound allowance only.**

Wrestlers not making registered weight must bump up & bracket change

Tournament Participants for Kids of the following ages:

6U 2020-and after – 8U 2019-2018 – 10U 2017-2016 – 12U 2015-2014 – 14U 2013, 2012 & 2011 (No High School Wrestlers Allowed)

- 14U: 72,79,86,94,102,110,118,125,132,139,147,155,165,180,210, HWT285
- 12U: 60,65,70,75,80,85,90,95,100,105,112,120,130,140, HWT
- 10U: 50,55,60,65,70,75,80,85,90,95,103,112,120,130, HWT
- 8U: 40,45,50,55,60,65,70,75,80,90, HWT
- 6U: 35, 40, 45, 50, 55, HWT

Mandatory Pre-Registration online @ www.trackwrestling.com Late Registration: \$20.00 (for all wrestlers who do not pre-register by midnight on Thursday before the date of each league event)

Include: Name, Ranking (1-5), DOB, Weight class, AAU Membership #

Awards: Medals: 1st through 3rd place finishers in each division.

Registration Cost: \$10.00 plus current AAU membership card is required.

Late Registration: \$15.00 (for all wrestlers who do not pre-register by midnight on Thursday before the date of each league event)

Admission: \$ 5.00 Adults/Children and \$ 2.00 Children 4 and Under

Coaches Entry: Current AAU membership card required to be on the floor coaching an athlete.

1 coach per 5 wrestlers not to exceed 5 coaches - NO EXCEPTIONS!

This event is sanctioned by the Amateur Athletic Union of the U. S., Inc - All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

**FOR ADDITIONAL INFORMATION CONTACT: TOURNAMENT DIRECTOR
Aimee Duke (423) 309-4309 Text only**