



AAU Ozark District Championship

Sunday, January 18, 2026



ALL WRESTLERS WILL WRESTLE AT LINDBERGH HIGH SCHOOL

5000 S Lindbergh Blvd, St. Louis, MO 63126

TOURNAMENT SCHEDULE (Subject to change)

Sunday, January 18th

All Girls, Tot, and Bantam	9:00am
Midget	11:00am
Novice	12:30pm
Schoolboy	2:00pm
Cadet	3:30pm

DIVISIONS:

Gold Division: For male competitors in the all divisions but is intended for wrestlers with less than one (1) year experience.

Blue Division: Open to any male competitor meeting the age requirement but is intended for wrestlers with more than one (1) year experience.

Girls Division: Open to all female competitors meeting the age requirement for each division.

Tots: Born in 2020 or after (Gold Division ONLY)

Bantam: Born in 2018 or 2019

Midget: Born in 2016 or 2017

Novice: Born in 2014 or 2015

Schoolboy: Born in July 1, 2012 - December 31, 2013

Cadet: Born January 1, 2010 - June 30, 2012 (8th Grade or under).

Weight classes are as follows:

Tot: 30, 35, 40, 45, 50, 55, HWT

Bantam: 40, 45, 50, 55, 60, 65, 70, 90, HWT

Midget: 45, 50, 55, 60, 65, 70, 75, 80, 85, 92, 100, 112, 125, HWT

Novice: 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 108, 119, 132, 148, HWT

Schoolboy: 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, HWT

Cadet: 88, 95, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, HWT

Gold and Blue division wrestlers must weigh-in and make **Scratch Weight** with no weight allowance.

AWARDS: Blue and Gold division medals to top 6 placers.

Rules: Double elimination, MSHSAA (Folk Style) match rules will apply. Length of bouts for Tot, Bantam, Midget, Novice (1-1-1). Schoolboy & Cadet (2-1-1). Only AAU certified wrestling coaches allowed on mats.

Parents must remain in the stands. All coaches must have a printed copy of their AAU Coaches Card in a visible lanyard to be coaching matside. Otherwise you will be asked to move to spectator seating. NO EXCEPTIONS.



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WEIGH-INS

ALL BLUE & GOLD DIVISIONS

Weigh-ins will be held on Saturday, January 17, 2026 from 5:30pm to 7:30pm.

Additional weigh-ins will be held on Sunday, January 18, 2026

- Girls, Tot & Bantam 7:00am - 8:00am
- Midget 7:00am - 10:00am
- Novice 7:00am - 11:30am
- Schoolboy & Cadet 7:00am - 1:00pm
- Cadet 7:00am - 2:30pm

No early weigh-ins, no remote weigh-ins, **no double entries** and **no changing weight classes**.

SEEDING MEETING

Seeding will be determined by the results of the Missouri Challenge.

The Gold Division will be randomly drawn into brackets, not seeded.

REGISTRATION AND ENTRY FEES

Online registration only at www.trackwrestling.com

Track Wrestling Tournament Names: 2025 Ozark District Championships

Deadline for entries is **Thursday, January 17, 2026 by 11:59pm**.

Individual Entries: The entry fee for individual wrestlers is \$38 per wrestler and must be paid online at www.trackwrestling.com at the time of registration. All individual entries will wrestle unattached. Trackwrestling fee included in registration.

Team Entries: The entry fee for team entries is \$38 per wrestler and may be paid online during registration at www.trackwrestling.com. Track wrestling fee included in registration.

ADMISSION

Admission is FREE for all spectators. Parents and guardians are responsible for supervising their children at all times on campus. Both large entrances to the school will be open this year, so make sure you are parked legally or you will be towed.

AAU Memberships:

- 1) This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- 2) All participants must have a current AAU membership.
- 3) AAU membership may not be included as part of the entry fee to the event.
- 4) AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU web site www.ausports.org to obtain their membership.

Questions:

Contact - Dylan Jones at coach@lindberghwrestling.com